



THE ASSOCIATION OF COLON & RECTAL SURGEONS OF INDIA

(A section of The Association of Surgeons of India)
www.acrsi.org

News Letter

April 2016

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(Mumbai)

Presidential Message

Dear Friends,
Greetings !

At the outset I would like to thank the members of the ACRSI fraternity who have given me the responsibility of being president of one of the largest sections of ASI. Our chapter has always been very proactive and vibrant section and I ensure we will take it further to greater heights. My focus would be on encouraging short training courses and CME's not in the metros alone but to far flung smaller places also. We will take knowledge to their doorstep. We would have video sessions of showing common problems being treated in the correct way.

The vice presidents of each zone have been asked to arrange at least 2 CME'S in their area during 2015-16. We are having international conference in Mumbai next September with ISUCRS. I request all of you to register and participate in this mega-event.

I also request members to spread the knowledge of our ACRSI fellowship courses to other postgraduate students and to encourage them to take up this course. The fellowship course is going on well and we hope it continues to do so in future also.

No organisation can run without team effort. I have a very sincere, experienced and dedicated team with me. With their support I assure to serve you in the best possible way. Any suggestions to improve our association are welcome. I wish all members a very best in life.

Thanking you

Sincerely yours

Dr. Kumkum Singh
President ACRSI
president@acrsi.org.



Hon. Secretary Report

Dear Friends,

It is indeed a great honor to be elected as the Hon. Secretary of our esteemed association and I am indebted to all of you for bestowing the same on me. I am also aware of the responsibilities attached therewith and assure you of fulfilling them to the best of my abilities. Being the longest serving committee member of the present committee, I am apprised of the strengths and shortcomings of the association and would work tirelessly to correct the same. On behalf of all of us I would take this opportunity to thank Dr. B. K. Rau for successfully conducting the election for the year 2015-17. I congratulate all those who have got elected and hope we all work together to take our association to newer heights. Our first and foremost task would be to improve the communications with the members. This newsletter after a prolonged gap is the proof of the same. To this effect a pack of bulk sms and regular updating of website has already been undertaken. Our database which is vastly incomplete in view of the present means of communication needs corrections on a war footing and the same process has already begun. We request all members to send in their corrected data in the format provided below to my email secretary@acrsi.org or sms/WhatsApp on my mobile number 9820541923. The process of awarding international travelling fellowship has been made more transparent and objective and all applicants are being screened by the same guidelines. Dr. Ajay Khanna and Amrit Pipara have been awarded the Zuventus International Travelling Fellowship 2016 to USA. Dr. Rajshekar Mohan and Dr. Rajat Raghunath have been awarded Zydyus International Travelling Fellowship to UK. Applications are invited for the 2017 international travelling fellowship of Zuventus and Zydyus Allidac. Please refer the website for the application form and eligibility criteria. We are determined to restart the Indian Journal of Coloproctology and complete the pending work on the ACRSI Text Book of Coloproctology. To this effect the editorial board under the able chairmanship of Dr. Chetan Kantharia has already been appointed. The website www.acrsi.org is being updated at regular interval and more features will soon be added to the same. The dues of previous conferences have been amicably settled. The next instructional course will be held at Ajmer between 3rd to 7th April 2017 under the able leadership of Dr. Kumkum Singh & Dr. Shyam Bhutra. The FACRSI exam will be held on 8th and 9th April 2017 at Ajmer and the details could be availed on our website. The next major event i.e. our annual conference in September 2016 has been clubbed with International Society of Pelvic Floor Disorder conference. The event will be held at the hotel Trident, Nariman Point, Mumbai. It is indeed a very proud moment for all of us, as the said conference is being hosted in India for the first time. It is a proud privilege for me personally to be the organising secretary of the said conference and our association too, I assure you of the best scientific feast as well as a show of great Indian hospitality. Kindly register for the same on www.isucrs2016mumbai.com at the earliest to avail the best packages.

Sincerely yours

Dr. Niranjan Agarwal
Hon. Secretary ACRSI
secretary@acrsi.org



Ex. SECRETARY'S REPORT

- Dr. Ashok Kumar

ACRSI is one of the vibrant section of the Association of Surgeons of India. The association has organized several meetings, CME and certificate courses in the year 2013-14. In addition, ACRSI have actively facilitated young colorectal surgeons to enrich their knowledge and skills by providing travelling opportunity to expert colorectal centers across the world through competitive selection process.

Some of the activities of the Association are as follows:

National Meetings

36th National Conference of Colo-Rectal Surgeons of India was held from 20th to 22nd Sept. at historical city of Khajuraho, known for its various groups of temples contracted dated back to 1000 to 1200 year's. Famous for exotic carvings & statue. It was attended by more than 600 delegates from all over India. Almost 100 National Faculties & 11 International Faculties were attended the congress & shared their knowledge in field of Colo Rectal Surgery. The congress was hosted by Jabalpur Surgeons Association at beautiful surrounding of Hotel Clark. Accompanying spouses & children also enjoyed various excursion for all three days. Fellowship certification (FACRSI) was given to pass candidates in a traditional convocation ceremony. Honorary fellowship was given to Dr. Indru Khubchandani (USA), Dr. Shailesh Shrikhande, Dr. Prof. A.K. Khanna & Dr. Verguese Mathai.

ACRSI Sectional scientific program was conducted during Association of Surgeons of India-annual meeting (ASICON2013), Ahmedabad which started in the afternoon of 27th Dec 2013 and continued till the afternoon of 29th Dec. The scientific program included how I do it? Session, Orations, didactic lectures, video sessions and symposium on various topics. The oration were delivered by eminent surgeons - Dr Ajay Khanna (Khubchandani Oration), Dr Ashok Ladha (DR Menda Oration) and Dr Shekhar Suradkar (presidential Oration)

The meeting was well attended for all the three days by approximately 400 delegates. May national and international faculty delivered scientific discourses on various topics of colorectal diseases.

18th Fellowship Training Course in Colo-Proctology

The 18th Fellowship Training Course in Colo-Proctology, under the aegis of the Association of Colon and Rectal Surgeons of India, was held between 1st April 2014 and 5th April 2014 at St. John's Medical College Hospital, Bangalore. The Fellowship examination was subsequently conducted at St. John's Medical College Hospital on the 6th and 7th April 2014.

The course was attended by about fifty-five practicing surgeons from across the country. There were a few post-graduate students of General Surgery who also participated in the course.



This was the second time that both the Basic and Advanced course of the Association of Colon and Rectal Surgeons of India were conducted at the same instance.

The topics that were covered during the course encompassed a wide gamut of both benign and neoplastic ano-rectal diseases that one would see in their day to day practice of colo-rectal surgery.

The faculty also were from across the country who took time and effort to travel to Bangalore and present succinctly their given topics. This evoked a healthy discussion among the participants.

One of the highlights was the edited video session wherein experienced colo-rectal surgeons shared their surgical techniques with the candidates. Also there was a hands on session where the candidates got to work on endo-trainers and stapling devices. The department of Anatomy at St. John's Medical College had made a tremendous effort to teach the pelvic anatomy on freshly dissected cadavers.

The organizing committee hosted a wonderful banquet for the faculty and candidates.

About thirty candidates appeared for the examination.

Ostomy Day Celebration at Pondicherry

Ostomy day was commemorated on 16th November 2013 at Jawaharlal Institute of Post Graduate Medical Education and Research (JIPMER), Puducherry. The day was marked by inauguration of stoma clinic at JIPMER. The clinic was inaugurated by Dr J Balachander, Medical Superintendent, JIPMER. The inauguration was followed by release of stoma care education video by Sr SA Makrishna, founder, Sri Matriniketan Ashram, Orissa. A one day continuing medical education programme in ostomy care and management was held. The topics included types of stoma, creation of stoma, ostomy complications, stoma counselling and a panel discussion on difficult stomas and case presentations. Dr Ashok Kumar, Dr Benjamin Perakath, Dr Ananthakrishnan, Dr Vikram Kate, Dr R Kalayarasan and Ms Priya Grace Prakash delivered lectures. An exhibition of ostomy appliances was also done. The programme was attended by 120 delegates, ostomates and their relatives.



➤ Dr J Balachander, Medical Superintendent, JIPMER inaugurating the stoma clinic.

Dignitaries at the inaugural function of the continuing medical education programme- Dr Biju Pottakkat, Dr Ashok Kumar, Dr J Balachander, Dr Vikram Kate, Dr Benjamin Perakath ➤



Travelling Fellowship

ACRSI has facilitated four young surgeons by proving the travelling fellowships . Dr SK Gupta from Haridwar and Dr Winston Naronha from Chennai observed SAINT FRANCIS HOSPITAL AND MEDICAL CENTRE, 114, WOODLAND STREET, HARTFORD, CONNECTICUT, for 4 WEEKS from 5th MAY TO 31ST MAY 2014 under the mentorship DR SAUMITRA BANERJEE.

Dr Mrunal Ketkar and Dr Manish Joshi were awarded travelling fellowship for 4 weeks in June 2014 at Birmingham under mentorship of Dr Sharad Karandikar.

New members in the society

During this period 29 new members were inducted in the society.

CME

Balrampur hospital Lucknow organized surgical update and workshop on anorectal surgery as a part of Foundation Day Celebration of Balrampur Hospital, Lucknow.

The CME was attended by 45 surgeons from various part of the state.

Certificate course and Conference in Benign anorectal disorders: was organized by Dr Biju Pottakkat and his team at JIPMER Pondicherry on July 21, 2014 and

was attended by approximately 75 delegates. Faculty included from across the country including the members from the ACRSI.

Year 2014-15

National Meetings

37th National Conference of Colo-Rectal Surgeons of India was held at Lucknow , city of Nawab from September 26 to 28 ,2014 . There were approximately 250 delegates including 70 National Faculties & 10 International speakers. The congress was hosted by Department of Surgical Gastroenterology, Sanjay Gandhi Post Graduate Institute of Medical Sciences. Fellowship certification (FACRSI) was given to pass candidates in a traditional convocation ceremony including honorary fellowship.

ACRSI Sectional scientific program was conducted during Association of Surgeons of India-annual meeting (ASICON2014), December 26-30,2014 Hyderabad . The scientific program included how I do it? Session, Orations, didactic lectures, video sessions and symposium on various topics. The oration were delivered by eminent surgeons - Dr Benjamin Perakath (Khubchandani Oration), and Dr Shekhar Suradkar (presidential Oration)

The meeting was well attended by approximately 300 delegates

Travelling Fellowship

ACRSI has facilitated four young surgeons by proving the travelling fellowships.

Dr Sharvari Pujari from KEM Hospital availed Zuventus International Travelling Fellowship at Saint Francis Hospital And Medical Centre, 114, Woodland Street, Hartford, Connecticut, for 4 weeks May 24th - 1st July , 2015 As per unofficial information Dr Nitin Jhavar, left the fellowship prematurely and did not inform to ACRSI secretariat.

2015 under the mentorship DR SAUMITRA BANERJEE

Dr Sanjay Singhla and Dr Shyam Kumar Gupta visited Heartlands hospital NHS Trust Birmingham for 4 weeks in from June7, 2015 , to avail Zydus Travelling International Fellowship under mentorship of Dr Sharad Karandikar.

19th Fellowship Training Course in Colo-Proctology

19th ACRSI Fellowship training course was held from 6th to 12th April 2015 by Department of Surgical Gastroenterology KEM Hospital and Seth GS Medical College

A total of 50 delegates coming from all over India including 3 delegates from Bangladesh attended the course. 60 faculties coming across the country delivered their lectures & shared their expertise.

The specialty of this course was the stapling technique workshop & hands on animal lab laparoscopic training given to the delegates.

A total no of 21 students appeared for the FACRSI exam which was conducted on 11th & 12th April 2015

New Members in the society

19 new members were inducted in the society

HICON2015

"HICON 2015" was held from 6th February-8th February, 2015 at Hotel Leela, Mumbai. "HICON "was a cancer conference specifically related to Colorectal Cancers (CRC). It was endorsed by ACRSI.

IBD CME:

One day CME was organized on August 23,2015 by Gujarat Surgeons Association and Kaizen Hospital in Ahmedabad. The CME was endorsed by ACRSI.

Report of Fellowship Exams, ACRSI 2015

The following board members including examiners were present for conducting Fellowship exams of ACRSI held on 11th and 12th April, 2015 at KEM, Mumbai:

Dr B K Rao, Dr Shekar Suradkar, Dr Ashok Kumar, Dr Nisar Chowdri, Dr KumKumsingh,

Dr Niranjan Agarwal, Dr LN mohan

The following 21 candidates had applied for all the 3 parts out of which one was absent and one appeared for part 3 only.

Dr.Kumar Parth, Dr. Muthusamy Satheesh Kumar, Dr. Sunil T , Dr. Mohammad Abdul Baseer, Dr. NarayanaSwamy Sathish, Dr. Siva Sangeetha, Dr. Alur Sunil Kumar B. , Dr. Veerachamy Shiva Kumar, Dr. Aditi Agrawal, Dr. Anjali Arvind Dawle, Dr. Sajjankumar Sharma, Dr. Bajaj Prasang Kumar , Dr. Riti Shah, Dr. Rajat Raghunath, Dr. Amrit Pipara, Dr. FalguniVarma, Dr. Bhat Mohmad Younis, Dr. Dhaigude Sudhir BhimRao, Dr. Sagar Karunkar, Dr. Kasim Shamim Miza Beg, Dr. Chandrashekar Chaturvedi.

17 candidates were declared successful.The best outgoing fellow was Dr. Sunil T. One candidate failed in part I and 2 candidates failed in Part II.

The committee members also decided the Hon Fellowship for the year 2015.This year Hon Fellowship was awarded to Dr. Chetan Kantharia and Dr. Roy Patankar.

Dr Nisar A Chowdri

Convenor FACRSI

ACRSICON 2015 CONFERENCE REPORT

- Dr. Deepak Govil

38th National Congress of Association of Colon and Rectal Surgeons of India (ACRSICON 2015) was held successfully at India Habitat Center on 17-20 Sept 2015. ACRSICON 2015 was organized by Indraprastha Apollo Hospitals, New Delhi and endorsed by ASI Delhi Chapter in association with Colorectal Cancer Research Foundation.

According to the Organising Secretary Dr. Deepak Govil, 550 delegates attended the conference. Theme of ACRSICON 2015 was minimal access colorectal surgery. One hundred and forty eight faculty members including 15 International experts were involved in various scientific deliberations. International experts from US, UK, Germany, Singapore, Italy and Korea joined the conference.



Video workshop was organized on 17th Sept. Experts shared their experience with pre-recorded videos including laparoscopic rectopexy, hemicolectomy, APR, Anterior resection, pouch surgery and pelvic floor disorders. Precautions, difficulties and use of robotic and minimal access approach in these surgeries were discussed. The practical tips were highlighted by the experts in detailed discussion.

Convocation programme for Fellowship in Colorectal Surgery in association with ACRSI was organized on evening of 18th Sept. Fellowship Degrees were awarded to fellows by the Chief Guest Prof. M.C.Mishra. The Booklet on Colorectal Cancer Awareness was released on this occasion which was published by Colorectal Cancer Research Foundation. Apollo Journal of Medicine Sept Issue, focusing on Colorectal Surgery was also released during this event.





In the conference expert delivered lectures on various topics in colorectal surgery including colorectal cancer, Anorectal diseases, Laparoscopic procedures and Robotic surgery. Detailed discussion was held on controversies in management of various colorectal diseases including fistula in ano and haemorrhoid. Investigations in colorectal surgery including imaging and pathology were discussed along with role of endoscopy in colorectal surgery. Panel discussion was held on multidisciplinary management of Colorectal Cancer. Recent advances and Innovations in colorectal surgery were discussed during conference. An open debate was held on advantage and disadvantage of open verses laparoscopic verses robotic surgery. Involvement of other specialties in management of colorectal diseases were discussed involving Medical Gastroenterologist, Oncosurgeons, Radiologists, pathologists etc. Innovation and land mark papers which can change the practice in colorectal surgery were presented and discussed. Mishaps in colorectal surgery and their management were discussed.

Presidential oration was delivered by Dr. Shekhar Suradkar on futuristic surgery- 2050 & beyond. Dr. P.N. Joshi oration presented by Dr. Seow Cheon from Singapore on best method of rectal resection for low rectal cancer- open to reverse TME. Dr. Menda Oration was delivered by Dr. Pescatori from Italy on novel therapy for anismus during the conference. Management of IBD and Pelvic floor disorders were discussed in detail.

Meet the expert sessions were organized in morning hours of each day. In this round the table discussion held between younger surgeons and experts on common topics in colorectal surgery discussing difficulties facing during day to day practice. Virtual skill lab was organized for help of younger surgeons to develop hand skills in various laparoscopic procedures in colorectal surgery. Apart from faculty delegates, participating in conference, express themselves in poster sessions, paper and video presentation. Best paper and video were awarded prizes in valedictory function.

Overall the conference provided a platform for surgeons interested in colorectal surgery with exposure to innovation and recent advances and practical tips in the field.

Fellowship examination report of ACRSI 2016

The fellowship examination of ACRSI 2016 was held on 9th & 10th of April 2016 at SDM Medical College Dharwad Karnataka. The examination was held by the following examiners:-

1. Prof. B.K. Rao. 2. Prof. Kum Kum Singh. 3. Prof. Pradeep Sharma 4. Prof. Ashok Kumar. 5. Prof. Nisar A. Chowdri.

The following 15 candidates appeared for the exam:-

Dr Sajjan Kumar Sharma, Dr Ramraj V. N. Gupta, Dr Nikhil Kumar Oswal, Dr Harisha N.S, Dr Alur Sunil Kumar, Dr Lokhande Rahul Babarao, Dr Bhat Praveen Kumar, Dr Deshpande Apurv Ashokrao, Dr Wani Rauf, Dr G Santhi Vardhani, Dr.Mohd Ilyas, Dr.Vivek Mangla, Dr. Manu Kajimil Kuris, Dr. Daivavaram Paul, Dr. Vishvas D. Pai Out of these Dr. Sajjan Kumar Sharma had already cleared part-I in April 2015 at Mumbai and appeared for Part-II & Part-III.

Part-I was cleared by all the 14 candidates who appeared. However in Part-II out of 15 candidates who appeared for the exam, 2 candidates namely Dr. G. Santhi Vardhani & Dr. Mohmad Ilyas failed. All the 13 candidates who appeared for Part-III were declared successful.

The first 5 positions were as follows:

1. Dr.Vivek Mangla 2. Dr Nikhil Kumar Oswal 3. Dr Alur Sunil Kumar 4. Dr Wani Rauf 5. Dr. Vishvas D. Pai

Prof. Nisar. A. Chowdri

Convenor FACRSI Examination

20th Fellowship Training Course in Coloproctology

This training course was held at SDM Medical College, Dharwad from 04/04/2016 to 08/04/2016. Total 60 delegates & 78 faculty members participated. There were 5 International faculty, probably the highest for Instructional course so far . 6 credit Hours were granted by the Karnataka medical Council for the same .The delegates appreciated the scientific contents as they were of high academic value.



Dr. Rajshekhar Mohan

Organiser Secretary FACRSI 2016.

ISUCRS/ACRSICON/ISPF 2016 Update

The preparation for the tripartite meeting is in full swing. The scientific programme would be soon put up on the website www.isucrs2016mumbai.com. More than 50 international faculty have been confirmed so far and many more wants to participate. This is apart from the international delegates registering. We request all members to register as soon as possible to avoid disappointment for the in house accommodation as the number of rooms are limited. All of you can also send in your free papers, posters etc for the conference. For Abstract submission please log on to www.isucrs2016mumbai.com. Eagerly waiting to see you all at Mumbai .

Dr.Niranjan Agarwal

Org.Secretary: ISUCRS 2016

Membership

Total number of ACRSI Membership as on date is 1544.

Please update your personal data mailing at secretary@acrsi.org in the following format:

ACRSI No. , Name , Email, Mob Number , Postal address .

Published By:

Hon. Secretary (Asso of colon n rectal surgeons pf India)

DR. NIRANJAN AGARWAL

MS, DNB, FACRSI

Consultant Colorectal Surgeon - Bombay Hospital / Salasar Nursing Home

Org.Secretary - ISUCRS 2016 , Past President AMC Mumbai, Chairman - AMC NoAH

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