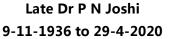


Newsletter 2020

HOMAGE





Dr. P. N. Joshi's name has been synonymous with colorectal surgery in India. Although ACRSI was launched by Dr. R. K. Menda, it was Dr Joshi as the founder treasurer, who single-handedly carried the burden of nurturing the Society & helping it grow both Nationally & Internationally. He was not only the Treasurer, Secretary & President of ACRSI, but guided the Society even when he was not holding any post. He was also closely associated with the fellowship board & served it in various capacities, including Chairman of the Board. ACRSI had always been dear to his heart – most of us, including me, are part of this Society only because of him. He has been mentor & guide to most colorectal surgeons in India. He had developed his own techniques in the field of Proctology – most of them are even popular today & have improved the lives of our patients. He was especially famous for his high success rate in complex fistula in ano. I must truly say that surgery for fistula in India improved by leaps & bounds in India because of him.

Even though Dr. Joshi was such a popular & respected Surgeon across the country, he remained a simple & down to earth person in real life. Having worked closely with him for almost 3 decades, I saw that he still lived the simple Gandhian way – a rare quality in today's times. He travelled to small villages in Maharashtra, interacted with villagers, tried to solve their problems & even



stayed with them. He was compassionate towards the poor patients & helped them in his own way. I have never seen him turn away any patient because he/she was poor. He lived a very simple life & taught the same to his students. He truly believed & told me this several times – God is present in every living being & thus we need to respect them.

The family of ACRSI is saddened by the loss of their mentor. This loss can never be replaced. However, we can try to follow his path, and thus try to improve not only our lives, but the lives of our patients. He has moved on to a better place, but he still lives with us in spirit!

Dr. Parvez Sheikh

Presidential Message



It is indeed a proud privilege to pen this message as the president for the newsletter of this august organization. At the very outset, I express my deepest condolences on the sad demise of Dr P N Joshi on 29th April 2020, a founder member and Past President of ACRSI. Dr. Joshi's contribution to ACRSI remains unparalleled and he was considered the face of the organization till now. I pray

his soul rest in peace.

I feel happy to inform you all that ACRSI was yet again awarded the Best Section Award at ASICON Bhubaneshwar for the third consecutive year. My congratulations to all the membership, whose active participation made this possible and the EC of ASI to consider as worthy of the same. Taking over the helms of the association at the highly successful ACRSICON/PROCTOLOGY at Mumbai, the new team set its priorities right on day one and we had a new Journal Editor, a new Academic Convenor and a new FACRSI Board Convenor – all pillars of academics in their might. This clubbed with the enthusiasm of the newly elected body of Office bearers had ensured a full-term academic feast with 36 regional programmes planned over the whole year. We were able to materialize few in the month of Feb and early March but to be subsequently



locked downed following the COVID-19. However, I must acknowledge the enthusiasm shown by my Hon Sec Dr Kushal Mittal who came up with the idea of having a web-based CME thereby converting our COVID disadvantage to a distant learning programme. We have already conducted nearly 7 webinars by now and each attended by a record no of surgeons across the globe. We have associated with other national bodies like IAGES, AMASI, FOGSI as well as international bodies such as ISUCRS as partners in these programmes. I would fail in my duties if I do not acknowledge the scientific support extended by both the division of ABBOTT PHARMA, i.e. the PRIMA and the MAXIMA, for all these webinars. In this time of crisis, ACRSI has donated Rs 2.51 lacs to ASI and help distribute PPE for the frontline warriors across the country. We have promised ASI another eight lacs in the coming days for the same cause. Our setbacks in the form of cancellation of the Instructional Course and the Fellowship Exam at Jabalpur, as well as the ACRSICON 2020 at Mangalore, couldn't have been avoided given the current circumstances. We will, but of course continue the academics through our webinars regularly. Also, in the pipeline, are ACRSI PRACTICE PARAMETERS for some common diseases and our dream project, ACRSI TEXTBOOK OF COLOPROCTOLOGY. At the end let us all pray that the menace of corona passes away and we all return to normalcy.

Dr Niranjan AgarwalPresident, ACRSI

Hon. Secretary's Message



It was exciting to be installed as the Secretary of ACRSI, at the commencement of ACRSICON 2019, held from 31st Oct to 3rd Nov 2019 at Mumbai. The conference was a brilliantly organised, planned and executed under the supervision of our President, Dr. Niranjan Agarwal and the entire ACRSI team.

In December 2019, we were an integral part of ASICON 2019 at Bhubaneswar. We participated with full strength; our sessions were planned well had a large



audience. At ASI Convocation Ceremony ACRSI was given the BEST SECTION award for the third consecutive year, a HAT-TRICK, inspiring us to greater heights. The Executive Committee has put their life and soul into the activities of the association.

For the year 2020 we chalked out an elaborate plan to have multiple meets across India, involving all zones, and members reaching out to grass root level. Our first two programs were on 16th Feb 2020. On the east coast it was Anorectal Update in VIZAC during the day and the west coast, Pelvic Floor Update in Mumbai at night. Both programs were interactive and well appreciated.

Then we moved on to Kolkata for our 3rd Program on 29th Feb 2020. It was a grand success. We also had surgeons from Bangladesh. Our 4th Program was in the department of Surgery Chhatrapati Shivaji Maharaj Hospital, Anorectal Update program with symposia and videos. An awareness session was kept on CA Rectum March was the International CA Rectum month.

Sensing a need of our members we tied up with PSG Institute of Medical Science & Research for a South Zone meet. The Institute was ready with their surgical session, we were ready with our CME "How to do it." But on 13th March 2020 we cancelled as the Government restricted all conferences across India.

All programs came to a grinding halt on 13th March with announcement of no conferences. We cancelled our Instructional Course and ACRSICON.

Our ACRSI instructional Course to be held in Jabalpur, organised by Dr Mukesh Srivastava from 8-11th April 2020 is now postponed to the same venue in April 2021. It was also decided to cancel ACRSICON 2020 at Mangalore. Jaipur will host ACRSICON 2021 with ECTA.

On 24th March 2020 as the whole nation went into lockdown, we became inactive. For nearly a month, we contemplated different modalities of conducting the association activities, finally we ventured into Virtual conferencing (Webinars).



We conducted our first ACRSI Webinar on Fistula in Ano on 22nd April 2020 (link: https://mediknit.org/abbott/acrsi-analfistula) and garnered a viewership of 6062 individuals, thereby making our attempt an overnight success. This webinar gave us the motivation to conduct other ACRSI activities online and we followed it up with a series of webinars, namely Webinar 2 - Haemorrhoids on 25th April 2020 (link: https://mediknit.org/abbott/acrsi-haemorrhoids), and Webinar 3 on Anal **Fissures** 29th April 2020 (link: https://mediknit.org/abbott/acrsi-analfissure)

At this time by April end we lost our Founder member and cherished teacher Dr P N Joshi. Webinar 4 on Pilonidal Sinus on 1st May 2020 (link: https://www.mediknit.org/abbott/acrsi-pilonidalsinus) was dedicated to Dr P N Joshi, marked with a minute of silence.

Integrating other associations into to our program gave a new meaning to the online learning. The Webinar 5 on Laparoscopic Colorectal Surgery in benign conditions was held on 10th May 2020 and endorsed by IAGES and AMASI (link: https://mediknit.org/abbott/acrsi-lapcolorectalsurgery). It gave us greater understanding how Lap Colorectal training can be carried out by ACRSI.

We had been encouraging all ACRSI zone to conduct program of their region involving zonal fellows and members. Thus, ACRSI South Zone hosted their program as Webinar 6 on 16th May 2020 on Colorectal Practice in Surgical care in COVID-19 Era (link: https://www.mediknit.org/acrsi/colorectalpracticeincovid19era). The program has 2 moderators with 12 speakers. We learnt a lot, do's and don'ts in Surgical Practice in COVID 19 lockdown period.

Our President took a giant leap internationally wherein all our future Webinars were to be endorsed by International Society of University of Colon and Rectal Surgeons ISUCRS. The program now had an International touch, our surgeons were exposed on their platform. For the first meet with ISUCRS we also had the endorsement with Federation Obstetrical Gynaecological Society India (FOGSI). This was Webinar 7 held on 24th May 2020 covered by Pelvic floor



dysfunction, RV fistula and Perineal tear (link: https://www.mediknit.org/abbott/acrsi-pelvicorganprolapse). It had 2 international faculty one each from USA and UK, 3 Urogynecologist and 3 Colorectal surgeons.

The buck did not stop here. A neglected topic Medical Writing was taken up Webinar 8 on 7th June 2020 (link: https://www.mediknit.org/abbott/acrsi-scientificresearcharticle). Our efforts were directed towards motivating members to write get published, the only way to put India on the world map. We should lead rather than be led. We have no dearth of clinical material. The usually low attendance topic scheduled for 2 hours turned into 1451 views and lasted a total of 4 hours, Dr Chintamani and team brought life into the proceedings.

We have 2 Colorectal Emergency Webinars due in the next one month followed by CA Rectum. Our aim is to search for Fellows and ACRSI members through the country to bring them on the Webinar platform.

We continue our journey, covering each subject with leaders in the field. The future online series includes Webinar 9 as Colorectal Emergency, Webinar 10 on Intraop Colorectal Emergency and Webinar 11 on CA Rectum.

You would be pleased to know that our Indian Journal of Colo-Rectal Surgery Volume 2, Issue-1 Jan-April, was published under the able leadership of our New Editor in Chief Dr Brij B Agarwal (link to download: http://www.acrsi.org/wp-content/uploads/2020/06/IndianJColo-

<u>RectalSurg_2019_2_1.pdf</u>). Members and Fellows, we look forwards to your intellectual contribution to our Journal and suggestions for further ACRSI activities. Please write to <u>secretary@acrsi.org</u>.

Dr Kushal Mital Secretary, ACRSI



Election 2019-21 Report

The election for ACRSI Executive Committee (2019-2020) was held this year. President-Elect Dr Niranjan Agarwal was the chief election officer and he was assisted by the current president Dr Ashok Kumar and Immediate Past President Dr Kumkum Singh as part of the election tribunal. Nityam e-vote Co was assigned the job to conduct electronic voting. The notification was issued on 1st June 2019 and the nomination invited from 1st June to 30th June 2019. The valid nominations were declared on 15th of July 2019 by email and the last date for withdrawal of the nomination was 31st July 2019.

There were total 16 nominations received, out of which 8 were found invalid. The Post of President-Elect, Vice President for North Zone, Vice President for West Zone were unopposed. There were no candidates for the posts of Vice President for East Zone, South Zone & Central Zone and Executive Committee for all Zones. Hence the election was conducted for the post of Secretary and Treasurer.

The e-voting started on 16th August 2019 and ended on 15th September 2019 at 11 pm. Total 655 votes were cast which is a record in ACRSI. Counting done on Sun 22nd Sep 2019 and results announced thereafter. Dr Kushal Mittal elected as Secretary and Dr Roysuneel Patankar elected as Treasurer. Unopposed elected members are: a) Dr Nisar Chowdri for the post of President-Elect, b) Dr Arshad Ahmad for the post of Vice President North Zone and c) D Prajesh Bhuta for the post of Vice President West Zone. Rest of the posts filled in the forthcoming AGM.

ACRSI Office Bearers (2019-21)

| Post | Name of Candidate |
|-----------------|----------------------|
| President | Dr. Niranjan Agarwal |
| President Elect | Dr. Nisar Chowdri |
| Hon. Secretary | Dr. Kushal Mital |



| Hon. Treasurer | Dr. Roysuneel Patankar |
|---|------------------------|
| Vice-Presidents | |
| North Zone | Dr. Arshad Ahmad |
| South Zone | Dr. Rajshekhar Mohan |
| East Zone | Dr. Tamonas Chaudhuri |
| West Zone | Dr. Prajesh Bhuta |
| Central Zone | Dr. Mukesh Srivastava |
| Executive Committee Members | |
| North Zone | Dr. Deepak Govil |
| South Zone | Dr. R Kannan |
| East Zone | Dr. Sukumar Maiti |
| West Zone | Dr. Atul Deshpande |
| Central Zone | Dr. C. P. Kothari |
| Academic Convener | Dr. Chetan Kantharia |
| Joint Academic Convener | Dr. Shalu Gupta |
| Co-opted Member | Dr. Bhanwar Lal Yadav |
| | Dr. Kamal Gupta |
| Journal of Colorectal Diseases Chief editor | Dr. Brij Agarwal |

Dr Niranjan AgarwalChief Election Officer

Update on Kashmir ACRSICON 2019

As per the AGM held in 2017 at Coimbatore, the 2019 ACRSICON was planned at Srinagar, Kashmir with Dr Nisar Chowdri as Org Chairman and Prof. Fazl Q



Parray & Prof. Rauf A Wani as executive secretaries. The conference was scheduled to be held in Srinagar (J&K) in September 19-21st 2019.

The Organising Committee decided to hold Live Operative workshop at SKIMS, Srinagar and rest of meetings at SKICC Srinagar. All the preparations for the conference was going on smoothly. More than 150 national delegates & 160 International Delegates had already registered. Scientific program was framed which included Live operative workshop, seminars & Guest Lectures. Pre-Conference workshop was scheduled to be held on September 18, 2019 at SKIMS Srinagar. However, on August 5th, a lockdown was imposed and all the communications to J&K were severed due to which the National Executive Committee decided to change the date and venue of the conference. All the registered delegates were refunded back. The conference was later held along with Proctology 2019 at Mumbai on 31st Oct to 3rd November 2019.

Prof. Nisar ChowdriOrg. Chairman

REPORT of ACRSICON/PROCTOLOGY 2019



October, 2019 to 3rd November, 2019.

The First Interim Meeting of International Society of University Colon and Rectal Surgeons and the 42ND Annual National Conference of Association of Colon & Rectal Surgeons of India - "Proctology / Acrsicon 2019" was held at Hotel Grand Hyatt, Kalina, Mumbai, India from 31ST







900 delegates along with 177 faculty members from all across the world attended this conference to deliberate on some of the most common diseases related to colon rectum and anus. The who's who in the field of colorectal surgery was present during the conference.

Discussion on the basic to most advanced techniques related to

coloproctology was held along with live demonstration of 22 surgeries relayed for Zen hospital, Chembur to the conference venue. Dedicated 3 orations, lectures, keynote address along with panel



discussion, debates and master video session were held. There were awards sessions for the best research papers and for innovation in surgical techniques and instrumentations. Total 9 awards were given for the ACRSI ABBOTT Excellence awards three in each category of Best Paper Best Video Best



Poster and two awards were awarded in the Colorectal Foundation Trust



Innovation awards session one each for innovation in surgical technique and instruments. The conference was inaugurated by union minister Shri Ramdasji Athavle. During the









conference the convocation ceremony of the fellowship board of ACRSI was



also held and 29 candidates were conferred the FACRSI degree. Life time achievement award of the ACRSI was awarded to Past President Dr M G Nariani during the inauguration ceremony. Installation of the incoming president Dr Niranjan Agarwal and

his team of executive members of the ACRSI was also held during the function. Shri Prakash Amte put forward views on Health & Education in Tribal India via Lokbiradari Prakalp which was highly impressive and appreciated by everyone. Ten Commandments for setting a Hospital by Shri Rajesh Yadav was also taken very positively by many delegates.

The Organizing Team:

Dr Parvez Shaikh Dr Niranjan Agarwal Dr Kishore Adyanthaya
Chairman Secretary Treasurer

FACRSI Examination Report

The FACRSI examination was to be held after the Course at Jabalpur in the second week of April 2020. 12 candidates had enrolled for the examination. Due to the ongoing Corona pandemic, the course and hence the examination was also cancelled. The Examination fees were refunded to the respective candidates. Other possibilities of holding the examination were deliberated on the Zoom EC meeting. However, it was the opinion of the majority to postpone the examination to next year considering the magnitude of the epidemic.

Dr Pradeep P Sharma

Convenor: Fellowship Examination



REPORT NORTH ZONE CME - Lucknow

CME on Benign Proctology was organised on 4th August, 2019, at King George's Medical University, Lucknow.



Summary: The scientific programme included detailed sections on haemorrhoids and anal fistula including basic procedures, advance procedures and panel discussions for each section. There were sessions on pelvic floor disorders, constipation, anatomy, miscellaneous topics and

complications.

Faculty: Dr. Ashok Kumar, Dr. Niranjan Agarwal, Dr. Parvez Sheikh. Dr. Kushal



Mittal, Dr. Ramakant, Dr. Surendra Mantoo, Dr. Ajay Khanna and Dr Kamal Gupta. There were very eminent faculty from SGPGI, BHU, AMU, KGMU, RMLIMS and other premier institutes.

Registration Number: near five hundred

The delegates included faculty and residents from various medical colleges of UP and Lucknow. There were delegates from other states also including New Delhi, MP, Rajasthan, Punjab, Kerala and Srinagar.





There is a very positive feedback regarding the quality of scientific program from the delegates. Everyone praised the speakers and their deliberations. The delegates remained in the auditorium till the end of the scientific program.



Even the balcony of the auditorium was packed. That speaks volumes about the success of the scientific program.

There was also webcast of the CME and large number of people watched it live. It can still be seen on the link http://youtu.be/sFoGRBgjutk. The photographs of CME have been uploaded on its Facebook page: http://www.facebook.com/proctologyupdate2019.

Dr. Arshad Ahmad

Vice President (North Zone) ACRSI

ACRSI - CME on Pelvic Floor Disorders

Venue: ACRES CLUB, ILLUSSION

Hall, Chembur

Date: 16 Feb 2020; Time 7 pm

to 10.00 pm

ACRSI Team: Dr Niranjan Agarwal, President, ACRSI; Dr Roy Patankar, Treasurer, ACRSI;

Dr Parvez Sheikh, Past President, ACRSI

Guest Speaker (**Pelvic Floor Disorders):** Dr Ali Shafiq, Egypt, Cairo

Panel Discussion (Pelvic Floor): Drs Parvez Sheikh, Dr Niranjan Agarwal, Dr Pravin Gore, Dr Ravi Thapar, Dr Meghraj Ingle and Nitish Jhawar

Summary of Program:

- Attendance 92 Surgeons
- Session lasted 3 hours
- Active audience interaction
- Applied for MMC point









Notes: Insight to pelvic floor pathology, why it must be correct as a single unit rather than piecemeal. A new learn curve.

ACRSI SOUTH ZONE MEET with ASI Vishakhapatnam

Venue: 4 POINT SHERATON

Date: 16 Feb 2020; Time 9 am to 4.15 pm

ACRSI Team: Dr Parvez Sheikh, Past President, ACRSI; Dr Kushal Mital, Hon Secretary, ACRSI - 2019-2021; Dr R Kannan, EC Member, South Zone - 2019-2021



ASI TEAM Vishakhapatnam: Dr Narayan Rao, ACRSI; Dr G. Simmbhachallam;

Dr Subhash Chandra; Dr Vikram

Guest of Honour: Vice Chancellor - Dr P Shyam Prasad; ASI State President - Dr K Triumala; Ex DME & Chairperson ASI 2020 -Dr G Shanta Rao

Summary of Program:

- Attendance 200 Surgeons
- 14 Video Lectures
- Active audience interaction





Dr Kushal MitalSecretary ACRSI



ACRSI SECTIONAL ACTIVITY REPORT

Anorectal Update ACRSI with ASI West Bengal

ACRSI East Zone organised a Update Program in Ano Rectal Diseases on the 29th February, 2020 at HHI Kolkata. The program was in collaboration with ASI West Bengal.





Medical Colleges, including residents.

Dr Bipin Chattopadhyay, President West Bengal ASI graced the occasion.

The program had 159 delegates, including Department of Surgery of 6

ACRSI Executive Committee

Dr Kushal Mital - Secretary ACRSI

Dr Ray Patankar - Treasurer

Dr Tamonas Choudhary - VP East

Zone





Dr Kushal Mital Secretary ACRSI



ACRSI ACTIVITY April 22 to 1 May 2020

Webinar 1:



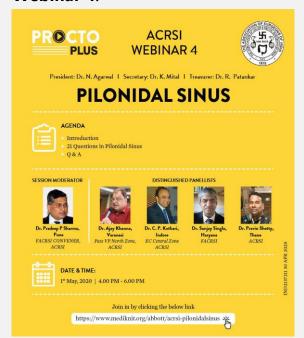
Webinar 2:



Webinar 3:



Webinar 4:



Dr Kushal MitalSecretary ACRSI



ACRSI ACTIVITY REPORT May 2020

1. ACRSI along with AMASI and IAGES 2. ACRSI South Zone Meet



3. ACRSI webinar With FOGSI & ISUCRS



Dr Kushal MitalSecretary ACRSI

Indian Journal of Colo-Rectal Surgery

Volume 2, Issue-1 Jan-April, http://www.acrsi.org/wp-content/uploads/2020/06/IndianJColo-RectalSurg_2019_2_1.pdf.

Editor in Chief - Dr Brij B Agarwal

Website: www.acrsi.org

Email: secretary@acrsi.org



ACRSI Head Office Report 2020

Greeting from ACRSI Head Office!

- The total number of new Member joined from Apr 2019 AGM till Mar 2020 is 124. The total memberships reached to 1818 till March 2020.
- The website update is under process for a new look and feel, smooth navigation and with more information.
- Regular Emails and SMS are being sent for information to all events.
- ACRSI zonal WhatsApp groups have been created and are quite effective for the update on different zonal activities.

ACRSI Excecutive Committee Members (2019-21)

President: Dr. Niranjan Agarwal | **President Elect:** Dr. Nisar Chowdri | **Hon. Secretary:** Dr. Kushal Mital | **Hon. Treasurer:** Dr. Roysuneel Patankar | **Imm. Past President:** Dr. Ashok Kumar

Vice-Presidents: Dr. Arshad Ahmad, Dr. Rajshekhar Mohan, Dr. Tamonas Chaudhuri, Dr. Prajesh Bhuta, Dr. Mukesh Srivastava

Executive Committee Members: Dr. Deepak Govil, Dr. R Kannan, Dr. Sukumar Maiti, Dr. Atul Deshpande, Dr. C. P. Kothari

Co-opted Member: Dr. Bhanwar Lal Yadav, Dr. Kamal Gupta Journal of Colorectal Diseases Chief editor: Dr. Brij Agarwal

Fellowship Board Members:

Chairman: Dr. K. S. Mayilvaganan | Vice Chairman: Dr. Kumkum Singh | Convenor of Exam: Dr. Pradeep Sharma | Joint Convenor: Dr. Fazal Q Parray | Imm. Past Chairman: Dr. B. K. Rau | Academic Convener: Dr. Chetan Kantharia | Joint Academic Convener: Dr. Shalu Gupta | Advisors: Dr. Saumitra Banerjee, Dr. Sharad Karandikar | Members: Dr. Parvez Sheikh, Dr. L. N. Mohan, Dr Rajiva Ranjan Das, Dr S. Chitra

Newsletter 2020

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